

### **7. Violet Flame Mantra**

I AM a Being of Violet Fire!  
I AM the Purity God Desires!

### **8. I AM the Violet Flame (Song)**

See track 4

### **9. Violet Flame Chakra Meditation**

My heart is a chakra of Violet Fire,  
My heart is the purity God desires! (3x)

My throat chakra is a wheel of Violet Fire,  
My throat chakra is the purity God desires! (3x)

My solar plexus is a sun of Violet Fire,  
My solar plexus is the purity God desires! (3x)

My third eye is a center of Violet Fire,  
My third eye is the purity God desires! (3x)

My soul chakra is a sphere of Violet Fire,  
My soul chakra is the purity God desires! (3x)

My crown chakra is a lotus of Violet Fire,  
My crown chakra is the purity God desires! (3x)

My base chakra is a fount of Violet Fire,  
My base chakra is the purity God desires! (3x)

### **10. Closing Prayer**

And in full Faith I consciously accept this manifest, manifest, manifest! (3x)  
right here and now with full Power, eternally sustained, all-powerfully active, ever  
expanding, and world enfolding until all are wholly ascended in the Light and free!  
Beloved IAM! Beloved IAM! Beloved IAM!

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### **1. Welcome to the 30-Day Violet Flame Challenge**

#### **2. I Love You Waltz to Saint Germain (Song)**

Saint Germain, I give my heart to you  
Come fill me with love, my soul renew.  
O divine Master! show me the way to go  
Life's holy purpose I would know.

Dear one, send forth your Light sublime  
The ladder of love I climb into your heart.  
O my beloved! hear my resounding Word  
Forevermore echo as "I love you."

#### **3. Heart**

Violet Fire, thou Love divine,  
Blaze within this heart of mine!  
Thou art Mercy forever true,  
Keep me always in tune with you. (4x)

#### **Head**

I AM Light, thou Christ in me,  
Set my mind forever free;  
Violet Fire, forever shine  
Deep within this mind of mine.

God who gives my daily bread,  
With Violet Fire fill my head  
Till thy radiance heavenlike  
Makes my mind a mind of Light. (4x)

#### **Hand**

I AM the hand of God in action,  
Gaining Victory every day;  
My pure soul's great satisfaction  
Is to walk the Middle Way. (5x)

**Tube of Light**

Beloved I AM Presence bright,  
Round me seal your Tube of Light  
From Ascended Master flame  
Called forth now in God's own name.  
Let it keep my temple free  
From all discord sent to me.

I AM calling forth Violet Fire  
To blaze and transmute all desire,  
Keeping on in Freedom's name  
Till I AM one with the Violet Flame. (3x)

**Forgiveness**

I AM Forgiveness acting here,  
Casting out all doubt and fear,  
Setting men forever free  
With wings of cosmic Victory.

I AM calling in full power  
For Forgiveness every hour;  
To all life in every place  
I flood forth forgiving grace. (5x)

**4. More Violet Fire**

Lovely God Presence, I AM in me,  
Hear me now I do decree:  
Bring to pass each blessing for which I call  
Upon the Holy Christ Self of each and all!

Let Violet Fire of Freedom roll  
Round the world to make all whole  
Saturate the earth and its people, too,  
With increasing Christ-radiance shining through!

I AM this action from God above  
Sustained by the hand of heaven's Love,  
Transmuting the causes of discord here,  
Removing the cores so that none do fear.

I AM, I AM, I AM  
The full power of Freedom's Love  
Raising all earth to heaven above  
Violet Fire now blazing bright  
In living beauty is God's own Light  
Which right now and forever  
Sets the world, myself, and all life  
Eternally free in Ascended Master perfection!  
Almighty I AM! Almighty I AM! Almighty I AM!

**5. I AM the Violet Flame**

I AM the Violet Flame  
In action in me now  
I AM the Violet Flame  
To Light alone I bow  
I AM the Violet Flame  
In mighty cosmic power  
I AM the Light of God  
Shining every hour  
I AM the Violet Flame  
Blazing like a sun  
I AM God's sacred power  
Freeing every one

**6. Preamble to Violet Flame Mantra**

In the name I AM THAT I AM,  
In the name I AM THAT I AM, Jesus Christ, Saint Germain, I decree: